

*Naturally*

food for what ails you

## Listerine for Head Lice



Use original Listerine

### HOW TO REMOVE HAIR LICE WITH LISTERINE MOUTHWASH

Saturate dry hair with Listerine and cover with a plastic cap. *Be careful not to get Listerine in the eyes.* Leave on for a few hours (overnight to be sure you suffocate those critters). Take cap off and rinse hair with water.

After rinsing Listerine off with water, do a final rinse with a cup of white vinegar. It helps break down the "glue" that attaches the eggs (nits) to the hair. Comb out with a lice comb to remove nits to prevent re-infestation..

### REASONS LISTERINE MIGHT BE EFFECTIVE

Listerine contains essential oils including thymol, eucalyptol, menthol and methyl salicylate. It also contains alcohol which may be toxic to lice.